



Welcome to The Saul and Toby Feldberg & Family Therapy Centre at Kayla's Children Centre

At Kayla's Children Centre, we pride ourselves on our ability to provide a holistic approach to education and therapy. Our inter-disciplinary clinic services, school program, camp program, and respite program help our students to reach their potential in all settings.

Our Model:

We provide each child with the style and combination of therapies that will best help them reach their potential. The therapy departments work collaboratively with classroom teams to create a unique program for each class and each child so that the goals are met within a group as well as individually.

Alayacare and Scheduling

All individual therapy is tracked and monitored in our secure platform, Alayacare. By using the parent portal, you'll be able to see your child's therapy schedule and view the therapists' notes from the session. Therapists do not send individual emails to parents with therapy updates, but you are always welcome to contact them via email with any questions or concerns.

A lot of time and effort goes into every child's therapy and classroom schedule. As such, it is very important that if your child is not going to be in school, that you check your child's therapy schedule and let the therapist know. Last-minute cancellations may be subject to a cancellation fee.

Our Team

Name	Position	Email	Extension
Wanda Gascho-White	Director of Child Development & Family Services	wanda@kaylas.org	224
Shira Karpel	Director of Behavioural Services	shira@kaylas.org	223
Karolyn Katz	OT Senior Therapist	karolyn@kaylas.org	251
TS Frankel	PT Senior Therapist	ts@kaylas.org	293
Leah Plumley	ABA Senior Therapist	leah.plumley@kaylas.org	244
Maija Gulens	SLP Senior Therapist	maija@kaylas.org	252
Deena Adatto	Administrative Coordinator	deenaa@kaylas.org	227



Therapies:

Physiotherapy

A pediatric physiotherapist provides assessment and treatment for infants, children, and adolescents to maximize their independence in the areas of gross motor skills, locomotion, and play. Purposeful and coordinated movement is important for children to explore the world around them and achieve developmental milestones as they grow.

A treatment program is tailored to individual needs based upon a physiotherapy assessment. We may use the following techniques in virtual and in-person treatment sessions:

- Cuevas Medek Exercises (CME)/MEDEK
- Neurodevelopmental Treatment (NDT)
- Litegait (body weight supported treadmill training) and Treadmill Training
- Seating Clinic & Equipment Prescription
- Parent coaching and empowerment
- Manual Therapy for orthopedic concerns
- Spider Cage
- Therasuit®
- Whole Body Vibration

Occupational Therapy

An occupational therapist provides assessment and treatment for children to maximize independence in the areas of sensory processing, fine and gross motor skills, play and self-regulation skills. Occupational therapists also address feeding and eating as well as self-care skills.

At KCC we also have the services of an Occupational Therapy Assistant (OTA) to help us provide comprehensive OT services. An OTA can conduct treatment sessions in occupational therapy and works under the supervision of a qualified OT.

An occupational therapy assessment is conducted to determine appropriate developmental goals and treatment plan. Occupational therapists use a wide variety of strategies in direct therapy and provide consultation to education staff and parents for activities to use in the classroom and at home.

Techniques used in occupational therapy treatment sessions may include:

- Sensory Processing Disorder – assessment and treatment
- Parent consultation and coaching
- Sequential Oral Sensory Feeding Approach, SOS
- Handwriting Without Tears
- Neuro Developmental Therapy, NDT
- Ball-A-Vis-X



- Motor Planning
- Get Permission Approach to Feeding
- Brain Gym

Applied Behaviour Analysis (ABA) Therapy

ABA is a set of principles that are based on the science of learning and behaviour. ABA therapy uses evidence-based strategies and principles to increase behaviours that we want to see more of and decrease behaviours that may be harmful or challenging. It can help improve skills in areas such as: language, communication, self-help, toileting, comprehension, attending, pre-academic skills and so much more! By using the principles of ABA, individualized goals are created, skills are taught, and data is collected to track progress.

ABA services offered through the clinic include:

- One-to-one ABA therapy
- Social skills groups
- Parent coaching and training
- School consultation
- Behaviour assessment and management
- Early intervention and play therapy

Speech-Language Pathology

A Speech-Language Pathologist assesses communication difficulties and speech/language disorders and provides treatment and consultation for children and their families. At KCC, we also have the services of a Communication Disorders Assistant (CDA) to help us provide comprehensive speech services. A CDA can conduct treatment sessions in speech therapy and works under the supervision of a qualified SLP.

Our Speech-Language Pathologists are trained in the use of a variety of techniques to help target children's overall communication and speech/language skills.

In addition, some of our therapists have had specialized certification in the following:

- Motor Speech supports (Prompts for Restructuring Oral Muscular Phonetic Targets [PROMPT]; Motor Speech 201)
- Early Start Denver Model (ESDM)
- Augmentative and Alternative Communication (AAC); including picture exchange; PODD; speech output devices with LAMP, TouchChat, Proloquo, and other strategies
- More Than Words, It Takes Two to Talk, Learning Language and Loving It, and Talkability (Hanan)
- Fluency 101
- Gestalt Language Processing strategies
- Pragmatic and social communication strategies (including Social Thinking supports)



Music Therapy

A trained music therapist provides observational assessment and treatment to address needs in all educational domains: communication, motor, social/emotional and cognitive development.

Music therapists use the rhythmic, melodic, and emotionally evocative qualities inherent in music experiences to engage children to practice skills that are challenging for them. Music and brain research supports the theory that involvement in prescribed music activities can result in positive changes in emotional/social functioning as well as develop language, motor, and cognitive skills.

At KCC, we utilize a variety of music mediums in conjunction with a therapeutic relationship between therapist and child to address needs in the areas of communication, motor, social/emotional, and cognitive development.

- Collaborative instrument playing, conducting, and turn-taking
- Clinical improvisation
- Song writing
- Singing to promote verbal output and to improve vocal inflexion, timbre, and projection
- Drumming and other rhythmic entrainment activities
- Movement with music

"We Can Bike" Program

Our biking specialist provides assessment and direct treatment to help get kids biking. Riding a bicycle is a challenging gross motor skill that builds core stability and agility and improves a child's social confidence. The biking specialist works with children who are hesitant or do not have the physical skills to learn to ride a bike on their own. She is able to adapt bikes to address specific needs and provide consultation to parents about investing in and adapting a variety of wheeled vehicles.

Biking is offered on an individual basis weekly for a block of 10 sessions that are scheduled during the school day and is included with tuition for eligible students. Additional biking sessions or sessions outside of the school day are charged at our regular rate.

Eligibility for the biking program is based on motor, balance, and/or coordination challenges. Students will be considered for this program if their bicycle/scooter skills are well below expected for their chronological age.

Students may be referred for a block of biking sessions by an occupational therapist, physiotherapist, classroom teacher, or parent.

If you would like to refer your child for a block of biking sessions please contact TS Frankel, PT Senior Therapist.



Classroom Therapy:

Each school track receives input from the different therapists based on the needs of the class. The therapist is allotted an amount of time to spend with the students in the class, often in a push-in model. This way, the therapist can assist with goals that are happening in real-time and it allows for the teacher and classroom staff to provide follow-through. Students in each class are screened at the beginning of the year to determine how the classroom support can best address their needs.

Classroom Consultation

Therapists will spend time in the classroom providing support and recommendations on things like seating, AAC devices, sensory needs, and more. The recommendations and suggestions are provided to the teacher and classroom staff for ongoing implementation and follow-through. If a more comprehensive assessment or individualized support is needed, parents may be asked to purchase additional therapy time.

Classroom Groups

The SLP, OT, or PT may also choose to use classroom time to run a small group based on the specific needs of the students. Each class has an ABA therapist who is placed in the class to support ongoing behavioural needs in a positive way. The ABA therapist also runs ongoing social skills groups.

Classroom groups cover topics and curricula such as:

- Social thinking
- Zones of Regulation
- Gross motor and fine motor skills
- Social skills
- Language skills
- Activities of daily living
- Life-skills training

Please note that receipts for the purposes of insurance reimbursement will not be issued for classroom consultation, push-in, or therapy groups.

Pull-Out, Individual Therapy for Elementary-Aged Students (4 and up)

Students may receive pull-out therapy that happens during the school day, from 9:00 AM to 3:00 PM. KCC is an authorized HCCSS (LHIN) agency, meaning that we are able to apply for HCCSS therapy services for our eligible students and conduct the therapy sessions utilizing our staff therapists. Private individual therapy is also available during the school day at subsidized rates for KCC students (see below). Receipts for insurance purposes will be issued.



Nursery:

Individual therapies are provided for children in the nursery program who are preschool age (born in 2019 or later for the 2022/23 school year) without additional cost beyond tuition fees. Each child receives a package of therapies based on the child's needs and taking into consideration the importance of the in-classroom program. The package will be determined based on eligibility, from input from parents and therapists and assessment by clinical directors. If you will require receipts for individual therapies for insurance purposes, please contact the finance department at the beginning of the school year.

Therapists screen each child at the beginning of the year. Students whose skills fall within typical age range may not qualify for individual therapy, but they will still receive group and consultative therapy. Additional therapies are available for purchase.

The therapies can be a combination of the following disciplines up to a maximum of:

- SLP – one 30-minute session a week (may occur in the classroom)
- OT – one 30-minute session a week
- PT/ABA – PT twice a week or ABA for 4 30-minute sessions

The package will be re-evaluated throughout the year. Students are discharged from individual therapy when they have achieved age-normed skills in the therapy or therapies they are receiving.

Please note that receipts for the purposes of insurance reimbursement will not be issued for classroom consultation or therapy groups.

HCCSS School Support Services:

Home and community care support services provides individual therapies that include consultation with the classroom staff and family for class and home strategies.

Students in JK and up (born in 2018 or earlier for 2022/23) may be eligible for:

Occupational Therapy – for fine motor, organization, activities of daily living, sensory needs, self-regulation, or visual motor coordination.

Physiotherapy – for gross motor, mobility, coordination, balance, stairs, safety, transfers.

Students in SK and up (born 2019 or earlier for 2022/23) may also be eligible for:

Speech Therapy – oral motor involvement, articulation, voice issues, dysfluency



HCCSS will authorize a block of sessions that includes an assessment, treatment, consultation, and a final report. Once the block of sessions has been completed there is a waiting period of at least 6 months before a new referral can be submitted.

We look forward to a successful school and therapy year. Please reach out to Shira or Wanda if you have any questions.

Rates:

KCC students are eligible for reduced therapy rates for therapy received during the school day (9:00 AM - 3:00 PM). Regular clinic therapy rates apply for services provided outside of the school day.

Therapy Clinic Subsidized Rates for KCC Students (during school hours) - 30 minute sessions	
Physiotherapy Session	\$75
Occupational Therapy Session	\$75
Speech Therapy Session	\$85
Music Therapy	\$40
"We Can Bike" Program	\$40
Communicative Disorders Assistant (CDA)	\$60
Occupational Therapy Assistant (OTA)	\$55
Parent Consultation (beyond 15 min)	As per session rate

Therapy Clinic Regular Rates (outside of school hours) - 45 minute sessions	
Physiotherapy Session	\$130
Occupational Therapy Session	\$130
Speech Therapy Session	\$150
Music Therapy - 30 minute sessions	\$55
"We Can Bike" Program – 30-minute sessions	\$55
Communicative Disorders Assistant (CDA)	\$100
Occupational Therapy Assistant (OTA)	\$90

ABA Therapy	
Initial Consultation and Program Plan	\$330
Assessment (per hour)	\$110
1:1 ABA session (per hour)	\$55
Social Skills Group (per hour)	\$55
School consultation (per hour)	\$100
Individual Parent Training (per hour)	\$100
Functional Behavioural Assessment (per hour)	\$100
ABA Therapy for Behaviour Management (per hour)	\$65